



# Welcome to Windsor Athletics and Activities

Mr. Ludwig

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# Announcements

- Booster Club – President Louise Brodzik  
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- Athletic/Activities Trainer – Erin Garms  
Email: [egarms@windsor.k12.mo.us](mailto:egarms@windsor.k12.mo.us)
- Follow us on Twitter @WindsorHighOwls
- 900+ Windsor students & 400+ participate in MSHSAA Athletics & Activities

# Mission Statement

The WHS athletic program is a vital part of a student's total educational experience. It is a collaborative effort of parents, students and staff to prevent failure and ensure success for each student participant. Our goal is to produce distinctive teams, with coaches and student-athletes who reflect the principles of integrity, hard-work and excellence. Our philosophy of placing student-athletes first and winning second is designed to help young men and women learn that striving for victory should only be done in an atmosphere of fair play and sportsmanship.

# Extra-Curricular

- **Extra-Curricular activities are a microcosm of life and our fields and courts are an extension of our classrooms and overall educational program.**
- **Extra-Curricular activities are inherently educational and teach skills and lessons that cannot be taught in a regular classroom setting, and cannot be graded on a test.**
- **Athletics and Activities are an extension of the classroom – where kids are taught skills such as cooperation, goal setting, sacrifice, responsibility, respect, integrity, sportsmanship, excellence, perseverance, and commitment.**

# Benefits of Extra-Curricular Participation

- Lower drop out rates: 2-to-1 margin for males: 3-to-1 margin for females
- Fewer discipline referrals
- Higher GPA – 25% higher in most states
- Better graduation rates
- Improved attendance: 4.9 days missed a year for participants vs 10.8 days a year for non participants
- Better test scores
- Lower rates of alcohol/tobacco use - 92% of participants do not use drugs
- Participants demonstrate a higher level of self-confidence than non-athletes

# Multi-Extra-Curricular Activities

- GPA & Attendance increase and discipline goes down when student participate in multiple sports

## Mean Student Success Results for Participants

	Seasons of Participation			
	0	1	2	3
GPA	1.85	2.51	2.88	3.14
Attendance %	87.58	93.32	95.62	97.01
Discipline Referrals	5.51	3.48	3.21	2.55

# Future Success

- Participation is just as valuable predictor of adult success as standardized test scores in some studies it is a school's best predictor of adult success
- Participants are...
- More likely to earn a bachelors degree
- Be employed full time
- Have higher income
- Stay fit
- 95% of Fortune 500 executives participated in high school athletics

# Please Remember

- Participation is A Privilege Not a Right
- Coaches/Sponsors/Directors work hard putting in extra 30 – 40 hours a week on top of classroom work
- They cannot let 1 ruin the work of 20



- Participating our programs should provide opportunities that contribute to student growth and into tools to be a successful adult
- Scholarships, etc... are a secondary goal
- Less than 2% of Seniors across the nation participate yearly in college programs

<b>Student-athletes</b>	<b>Men's basketball</b>	<b>Women's basketball</b>	<b>Football</b>	<b>Baseball</b>	<b>Men's ice hockey</b>	<b>Men's soccer</b>
High school seniors	155,955		316,697	134,579	10,546	113,815
College athletes	17,500	15,708	67,887	31,264	3,944	22,573
College frosh	5,000		19,396	8,933	1,127	6,449
College seniors	3,889	3,491	15,086	6,948	876	5,016
High school to college	3.2%		6.1%	6.6%	10.7%	5.7%
College to professional	1.2%	0.9%	1.7%	11.6%	1.3%	1.0%
High school to professional	0.03%	0.03%	0.08%	0.60%	0.10%	0.04%

- **The goal of participation in extra-curricular activities is not to produce hundreds of college athletes but to produce millions of quality citizens**
- **“One athlete of character will improve a team. One team of character will improve a school. One school of character can impact an entire community” – Bruce Brown**

# Success in our Programs

- Success is...
- **Gains beyond winning**
- Value on participating and fulfilling our kids potential
- Only one team wins the state title in their respective divisions, if we don't win it then something must still be gained from the experience.
- What will that be? **It must be a positive experience for our kids.**

- o Thank you for letting your kids participate.



**THANK YOU!**

# CONDITIONS OF ELIGIBILITY

- 1. Must be enrolled as a Windsor Student
- 2. Students must have a current physical examination for athletics, band, cheerleading, or dance. Physicals dated after February 1st of the preceding school year are valid throughout the present school year.
- 3. Students must have a signed parent permission form and concussion form on file for the sport in which they are participating.
- 4. Students must submit factual evidence of medical insurance that covers the student in case of injury on file in the Activities Office . (Any falsification of a signature on above documents will eliminate student participation.)
- 5. Students must have earned 3.0 units of credit the previous semester. Credits earned or completed in summer school can fulfill this requirement. Students may only earn 1.0 credit in the summer, after the close of a semester.
- 6. If a student is a beginning 9th grade student, he or she must have been promoted at the close of the previous school year.
- 7. Students must enroll in a minimum of 3.0 credits during the semester of competition.
- 8. Students must have all non-school competition approved by their coach/sponsor or Athletic Director.
- Failure to meet these conditions prior or during the athletic season shall disqualify the student from participation until the condition is met or corrected.

# Conduct

- **WHS Student-Athletes & Participants are responsible for representing themselves, their families, their community and the Windsor School District in a positive manner at all times.**
- **With that in mind, we have adopted a Code of Conduct that includes Training Rules, Citizenship and Attendance Requirements for all Student-Athletes & Participants.**

# Training Rules

- **No Tobacco** – Students shall not use or possess any tobacco products, including but not limited to smokeless tobacco (such as “dip” or “chew”), cigarettes and cigars. Including E-cigarettes
- **No Alcohol** – Students shall not use or possess any alcoholic beverage of any kind, including but not limited to beer, wine, and hard liquor.
- **No Drugs** – Students shall not use or possess any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, steroids, or other controlled substance of any kind.
- These rules apply to student athletes only during the athletic season(s) in which they participate and to students in other activities only during that part of the school year in which the activity in which they participate (including school-sponsored preparation, therefore) is taking place. **During that period of time, the rules apply twenty-four (24) hours per day, both at school and away from school.**



# Concussions

- **Our number one priority is student safety**
- **The MSHSAA recommended protocol begins once the student has been cleared by a physician**
- **There are several steps in the protocol that a student must clear to return to full participation**
- **It is a gradual process and requires patience on the part of coaches, parents & players**

# Citizenship

- **Abide by all school rules, board policies, MSHSAA rules and team rules**
- **Attend all team practices and meetings**
- **Shall not violate Municipal, County, State or Federal laws – Immediate Loss of Eligibility!!!**
- **OSS / ISS = No practice or games**
- **ASD takes precedence over practice**
- **Unsportsmanlike conduct may result is sitting out a contest**
- **Cannot be a discredit to school or community**

# MSHSAA Citizenship law and lose of eligibility

## 2.2 CITIZENSHIP REQUIREMENTS

**2.2.1 Citizenship:** Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditable citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

### 2.2.2 Law Enforcement:

- a. A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies.
- b. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.
- c. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. *(Editor's Note: If a traffic offense is accompanied by an act covered in letter a above, such as property damage, bench warrant, etc., eligibility will be delayed per letter a.)*

**2.2.5 Student Responsibility:** Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

# Attendance

- **Must attend at least 4 classes to be eligible to participate in games that day**
- **If transportation is provided, student must ride unless approved via Travel Release Form that Coaches & Sponsors have with them (these are filled out per event there is not a year long form)**

# Parent / Coach Communication

- All concerns should be brought to the coach/sponsor
- Procedure for Parent/Coach Conferences
  - 1. Students should bring any issue to coach/sponsor
  - 2. If as a parent you need further clarification email/call set up a conference with coach/sponsor
- **Do not confront a coach/administrator before, during, or after a contest**
- **All conferences should include coach, parent, and, student**
- 3. If further resolution is needed set up an appointment with athletic director

# Parent / Coach Communication

## Appropriate

- Mental/Physical treatment of your child
- Ways to help your child improve
- Behavior concerns
- Ways your child can help contribute to the team

## Inappropriate

- Playing time
- Team strategy
- Play calling
- Other students or athletes

# Setting the Example

- In order to teach Student-Athletes & Participants the right way to conduct themselves we, as both parents and educators, need to set an example of how to act and react in all situations...even those that don't go our way...
- Let the players play, the coaches coach and the officials officiate.

# Parents/Spectator expectations

- **I Will:**

- 1. Display good sportsmanship at all time
- 2. Be polite and respectful to those around me
- 3. Immediately notify event staff if I witness something wrong
- 4. Sit in my school's seating area
- 5. Follow the re-entry policy of the event if I leave
- 6. In case of emergency follow the instructions of event staff
- 7. Enjoy the competition between the participants

- **I Will Not:**

- 1. Harass the officials, coaches, or participants
- 2. Bring in or consume alcohol or illegal substances to the event
- 3. Enter the playing surface at any time
- 4. Approach a coach before or after the game

- If at any time I do not follow the spectator code of conduct and expectations I will be subject to removal from the event and facility



# Parents/Spectator expectations

- **Practice pick up times, 20-30 is a long time to wait for a coach that has been there since 7:15 am and all have their own family to see**

# NCAA Academic Eligibility

- Graduate high school and meet ALL the following requirements:
- Complete core courses:
- Four years of English
- Three years of math (Algebra 1 or higher)
- Two years of natural/physical science (including one year of lab science if your high school offers it)
- One additional year of English, math or natural/physical science
- Two years of social science
- Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
- Complete 10 core courses, including seven in English, math or natural/physical science, before your seventh semester. Once you begin your seventh semester, you may not repeat or replace any of those 10 courses to improve your core-course GPA.
- Earn at least a 2.3 GPA in your core courses.
- Earn an SAT combined score or ACT sum score matching your core-course GPA on the Division I sliding scale, which balances your test score and core-course GPA. If you have a low test score, you need a higher core-course GPA to be eligible. If you have a low core-course GPA, you need a higher test score to be eligible.
- Fill out a FASFA <https://fafsa.ed.gov/>

## Basic checklist for Parents/Student wanting to play sports in College

Use the following checklist to remind yourself through the year if you have met your child's college needs.

### *DURING MY CHILD'S JUNIOR YEAR, DID I:*

- \_\_\_\_\_ Meet with the counselor in the spring of the junior year to discuss the college search process?
- \_\_\_\_\_ Develop a calendar with my child to assure completion of career inventories?
- \_\_\_\_\_ Discuss senior year registration with the counselor to assure compliance with NCAA requirements?
- \_\_\_\_\_ Discuss with my child the list of colleges developed with his or her counselor?
- \_\_\_\_\_ Visit selected college campuses?

### *EARLY IN MY CHILD'S SENIOR YEAR, DID I:*

- \_\_\_\_\_ See that my child gains admission to at least one college in the event college sports fail to materialize?
- \_\_\_\_\_ Check with the counselor to assure compliance with the NCAA?
- \_\_\_\_\_ Check with teachers to assure good academic progress?
- \_\_\_\_\_ Meet with the coach, as necessary, to deal with persistent recruiters?

### *WHEN MY CHILD'S COMPETITION WAS COMPLETED, DID I:*

- \_\_\_\_\_ Revise our list of schools to reflect possible scholarship offers?
- \_\_\_\_\_ Meet with the coach to assess my child's athletic potential and to determine the kinds of questions we should be asking of recruiters?
- \_\_\_\_\_ Meet with the coach to deal with persistent recruiters?
- \_\_\_\_\_ Accompany my child on all college visits?
- \_\_\_\_\_ Maintain contact with the counselor and coach as needed?

# Dates to Remember

- 1<sup>st</sup> day of school – August 16<sup>th</sup>
- No School August 21<sup>st</sup> Solar Eclipse
- Spirit Week – 9/25 – 9/29
- Homecoming Parade 9/29
- Homecoming Game 9/29

- If you are viewing this on-line please email me at [tludwig@Windsor.k12.mo.us](mailto:tludwig@Windsor.k12.mo.us) stating...
- Your name
- Your child's name
- Activity they are participating in
- Stating you have read and understand the information in this presentation
- Please click here to download our student player handbook
- [http://windsor.k12.mo.us/hs/wp-content/uploads/sites/2/2013/05/Student-Parent Handbook Book Fold.pdf](http://windsor.k12.mo.us/hs/wp-content/uploads/sites/2/2013/05/Student-Parent_Handbook_Book_Fold.pdf)