



WINDSOR OWLS

COMMITMENT TO  
CHARACTER

WE ARE WINDSOR

# Welcome to Windsor Activities

Mr. Ludwig

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# Announcements

- Booster Club – President Louise Brodzik  
Email: [lbrodzik@windsor.k12.mo.us](mailto:lbrodzik@windsor.k12.mo.us) there is a sign up on the Windsor web page
- Athletic/Activities Trainer – Erin Garms  
Email: [egarms@windsor.k12.mo.us](mailto:egarms@windsor.k12.mo.us)
- Follow us on Twitter @WindsorHighOwls
- Season Passes: \$150.00 Family Pass, \$60 for student, \$75.00 for Adult – See Mrs. Peterson at the High School office

# Mission and Vision Statement

## Mission

To inspire our students by instilling pride and fostering success through character based life lessons.

## Goal

To teach our students character and life lessons through participation in our programs and prepare them for life as an adult. Our activities are an extension of our classrooms where kids are taught our core values.

Team**W**ork

Comm**I**tment

Persevera**N**ce

**D**iscipline

Sport**S**manship

Acc**O**untability

**P**Ride

# Why We Play: Gains Beyond Winning

Ask the question why do we play? What was the original reason we wanted our kids to play?

Our mission is to inspire our students by instilling pride and fostering success through character based life lessons. Our goal is to teach our students character and life lessons through participation in our programs and prepare them for life as an adult. Activities are an extension of the classroom where kids are taught our core values

Participating in our programs will provide opportunities that contribute to student growth and help equip them with tools to be a successful adult. Participating in our programs will provide opportunities to be part of once in a lifetime bonds and something special, scholarships, collegiate sports, etc... are a byproduct, less than 3% of Seniors across the nation participate yearly in college programs. The reason for participating in extracurricular activities is not to produce hundreds of college athletes but to produce millions of quality citizens.

Success is... Gains Beyond Winning and maximizing our students potential as young adults.

Only one team wins the state title in their respective divisions, if we don't win it then something must still be gained from the experience. What will that be? It must be a positive experience for our kids, where they learn character based life lessons that will help them later in life.

# Benefits of Extra-Curricular Participation

- Lower drop out rates: 2-to-1 margin for males: 3-to-1 margin for females
- Fewer discipline referrals
- Higher GPA – 25% higher in most states
- Better graduation rates
- Improved attendance: 4.9 days missed a year for participants vs 10.8 days a year for non participants
- Better test scores
- Lower rates of alcohol/tobacco use - 92% of participants do not use drugs
- Participants demonstrate a higher level of self-confidence than non-athletes

# Multi-Extra-Curricular Activities

- GPA & Attendance increase and discipline goes down when student participate in multiple sports

## Mean Student Success Results for Participants

	Seasons of Participation
GPA	
Attendance %	
Discipline Referrals	

# Please Remember

- Participation is A Privilege Not a Right
- Coaches/Sponsors/Directors work hard putting in extra 30 – 40 hours a week on top of classroom work
- They cannot let 1 ruin the work of 20
- **“One athlete of character will improve a team. One team of character will improve a school. One school of character can impact an entire community” – Bruce Brown**

# CONDITIONS OF ELIGIBILITY

- 1. Must be enrolled as a Windsor Student
- 2. Students must have a current physical examination for athletics, band, cheerleading, or dance. Physicals dated after February 1st of the preceding school year are valid throughout the present school year.
- 3. Students must have a signed parent permission form and concussion form on file for the sport in which they are participating.
- 4. Students must submit factual evidence of medical insurance that covers the student in case of injury on file in the Activities Office . (Any falsification of a signature on above documents will eliminate student participation.)
- 5. Students must have **earned 3.0 units of credit the previous semester**. Credits earned or completed in summer school can fulfill this requirement. Students may only earn 1.0 credit in the summer, after the close of a semester.
- 6. If a student is a beginning 9th grade student, he or she must have been promoted at the close of the previous school year.
- 7. Students must **enroll in a minimum of 3.0 credits during the semester of competition**.
- 8. Students must have all non-school competition approved by their coach/sponsor or Athletic Director.
- Failure to meet these conditions prior or during the athletic season shall disqualify the student from participation until the condition is met or corrected.



- 5. Students must have **earned 3.0 units of credit the previous semester**. Credits earned or completed in summer school can fulfill this requirement. Students may only earn 1.0 credit in the summer, after the close of a semester.
- 7. Students **must enroll in a minimum of 3.0 credits during the semester of competition**.
- 3.0 credits is 6 classes, we have 7 period day. If a student is in a guided study, which does not give credit and drops another class they are not enrolled in 6 classes and are ineligible
- If a student is in a guided study, which does not give credit and fails a class they will not be eligible the next semester

# Owl Time

- **Allows students an hour each day to get the help they need**
- **A large part of this designed had students that are in activities in mind, with the understanding that after school is not always a good time**
- **Please encourage your kids to utilize this time each day**

# Conduct

- **WHS Student-Athletes & Participants are responsible for representing themselves, their families, their community and the Windsor School District in a positive manner at all times.**
- **With that in mind, we have adopted a Code of Conduct that includes Training Rules, Citizenship and Attendance Requirements for all Student-Athletes & Participants.**

# Training Rules

- **No Tobacco** – Students shall not use or possess any tobacco products, including but not limited to smokeless tobacco (such as “dip” or “chew”), cigarettes and cigars. Including E-cigarettes
- **No Alcohol** – Students shall not use or possess any alcoholic beverage of any kind, including but not limited to beer, wine, and hard liquor.
- **No Drugs** – Students shall not use or possess any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, steroids, or other controlled substance of any kind.
- These rules apply to student athletes only during the athletic season(s) in which they participate and to students in other activities only during that part of the school year in which the activity in which they participate (including school-sponsored preparation, therefore) is taking place. **During that period of time, the rules apply twenty-four (24) hours per day, both at school and away from school.**

- **FIRST VIOLATION** - That is not based on a voluntary admission shall result in the student being suspended from competition or from all co-curricular activities for a period of up to 10 school days.
- **SECOND VIOLATION** - Shall result in the student being suspended from competition or from all co-curricular activities for a period of up to 45 school days.
- **THIRD VIOLATION** - Shall result in the student being suspended from team competition or from all co-curricular activities for a period of up to 180 school days
- **Note:** These consequence are from the activities director, there may also be additional consequences that come directly from each head coach or director.

# Concussions

- **Our number one priority is student safety**
- **The MSHSAA recommended protocol begins once the student has been cleared by a physician**
- **There are several steps in the protocol that a student must clear to return to full participation**
- **It is a gradual process and requires patience on the part of coaches, parents & players**
- **Not always an instant return they must follow the concussion protocol**

# Citizenship

- **Abide by all school rules, board policies, MSHSAA rules and team rules**
- **Attend all team practices and meetings**
- **Shall not violate Municipal, County, State or Federal laws – Immediate Loss of Eligibility!!!**
- **OSS / ISS = No practice or games**
- **ASD takes precedence over practice**
- **Unsportsmanlike conduct may result is sitting out a contest**
- **Cannot be a discredit to school or community**

# MSHSAA Citizenship law and lose of eligibility

## 2.2 CITIZENSHIP REQUIREMENTS

**2.2.1 Citizenship:** Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditable citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

### 2.2.2 Law Enforcement:

- a. A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies.
- b. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.
- c. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. *(Editor's Note: If a traffic offense is accompanied by an act covered in letter a above, such as property damage, bench warrant, etc., eligibility will be delayed per letter a.)*

**2.2.5 Student Responsibility:** Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.



# Attendance

- Be present at least  $\frac{1}{2}$  day (4 class periods) of any school day for participation in practices, games or meets on that day.
- Attendance on Friday does effect participation Saturday contest. (Any exceptions must be ruled upon by the school principal.)
- In School Suspension – any student with ISS cannot practice or play on the day ISS is served. If ISS is served on a Friday the student cannot participate on Saturday contest.
- All athletes must participate in 14 practices until he/she may be allowed to participate in an official contest.

# Parent / Coach Communication

- **All concerns should be brought to the coach/sponsor first**
- **Chain of Command**
- **1. Students should bring any issue to coach/sponsor**
- **2. If as a parent you need further clarification email/call set up a conference with coach/sponsor**
- **3. If further resolution is needed set up an appointment with the athletic director**

# Parent / Coach Communication

- **Do not confront a coach before, during, or after a contest take the time to set a meeting.**
- **Remember that before a game or after a game is an inappropriate time to confront a coach. Things are most hectic before a game and after a game and emotions are high for players, coaches, and fans during those times. Any conversations had during these times of high emotion most likely will not produce positive results.**

# Parent / Coach Communication

- All meetings should include coach, parent, and, student
- Why all parties including the student should be present at a meeting
- A student should be present, this is not to embarrass or intimidate the student but to get all information out in the open from all sides so there is no miscommunication. Also our goal is to produce quality adults, what better way than to let a child see how adults such as a parent and coach can sit down show respect to one another and work together to come to a resolution in a respectful adult manner. These meetings are the perfect opportunity to model how to have difficult conversations and work through them.

- Remember that kids are kids they are still learning how to be a young man/woman and how to act in adult situations, kids tend to exaggerate, both when praised and when criticized. Temper your reaction, investigate, and talk to all parties involved before overreacting. Coaches are human too, and enjoy being treated with the same respect all humans do.

# Playing Time

- Remember in high school athletics playing time is not guaranteed, participation is a privilege not a right. Instead of demanding playing time ask what your child has to do to improve as an athlete. Please keep in mind a lot of things go into deciding playing time, character, work ethic, knowledge of position, execution of responsibilities, grades, attitude, competition at the position, etc, as well as the coaches responsibility to all the players to put the best team on the field.
- In many cases high school athletics are the first situation where playing time is not guaranteed to all participants and many players may have to change habits learned on former teams to be successful. In these cases many high school coaches get a “bad rap” because they are the first coach in an athlete’s young career that is honest about what needs to be done to be successful.

# Parent / Coach Communication

## Appropriate

- Mental/Physical treatment of your child
- Ways to help your child improve
- Behavior concerns
- Ways your child can help contribute to the team

## Inappropriate

- Playing time
- Team strategy
- Play calling
- Other students

# Setting the Example

- In order to teach Student-Athletes & Participants the right way to conduct themselves we, as both parents and educators, need to set an example of how to act and react in all situations...even those that don't go our way...
- Let the players play, the coaches coach and the officials officiate.
- **Example is not the main thing in influencing others, it's the only thing" – Albert Schweitzer**



# Travel Release after an event

- **All coaches/directors/sponsors will have travel release form available after an event**
- **At the end of an event the form is filled out by a face to face meeting.**
- **It must be a parent and must be a face to face meeting. Students will not be allowed to leave with friends, family friends, etc.**
- **Administration on duty will not give verbal agreements at the conclusion of events.**
- **These are filled out per event there is not a year long form**

- o Thank you for letting your kids participate.

