



WINDSOR C-1 SCHOOL DISTRICT

ADMINISTRATIVE OFFICES

6208 HIGHWAY 61-67, IMPERIAL, MO 63052

636-464-4400 | FAX 636-464-4454

Windsor C-1 School District Athletics and Activities

We have had a long absence, not only from school, but also from our extra-curricular activities. Students, parents, coaches, directors, and all associated with the Windsor C-1 School District are looking forward to a sense of normalcy. After months of no activity on campus, we now have camp dates set for July. This year, our camps will be held for those students entering grades 7-12.

Before any student can participate in a summer camp, parents must sign a waiver agreeing to screen their student for COVID-19 symptoms every day before coming to camp. The waiver can be found at the following link: windsor.k12.mo.us (Main page under “Announcements”).

The waiver must be completed **before** any student can participate in summer camp activities. Students must bring the signed waiver the first day they attend an activity at school. Parents are responsible for screening their child EACH MORNING before the student comes to school to participate (these screening questions are listed on the “Athletics/Activities Waiver”).

The coaches/directors will be in contact with the students to give specific direction on what will take place once the activities begin, including the dates, times, requirements, guidelines, etc. If the student does not have the waiver signed before coming to the first workout, they will not be allowed on campus. Hard copies of the waiver will be available at the school, but **a parent must be present, initially, to turn in the waiver to the coach/director.**

Please keep in mind that physicals are now good for 2 years. All of the other paperwork in the athletic packet **MUST** be completed in order for the student to start fall practice (August 10th for the high school and August 24th for the middle school).

Please make sure that your student brings their own personal water bottle with their name printed on it. There will be no water fountains for them to refill their bottles, so please make sure to send enough water.

Coming back on July 6th to activities at Windsor C-1 will be phased in. The month of July will look as follows during Phase 1:

I. High-frequency of contact sports

These sports include: Baseball, Basketball, Cheerleading, Dance Team, Football, Softball, Volleyball, Wrestling.

1. **Phase 1** (Approximately July 6-July 14)

- a. During this phase, team workouts and practices are allowed to begin on campus or facility, however this should be done with minimal protective equipment (*i.e. helmets only for football*). Team drills can occur where players are less than 6 feet apart, but this should be minimized to brief one- on-one drills. Most of the practice will attempt to utilize social distancing.
- b. No two teams should be in the same location at one time. If the same field or gym will be used back to back, allow ample time between sessions to clean area between teams. Half field use is permitted. Be sure that there is no interaction between teams.
- c. Any equipment used should be disinfected between individual/team uses (*i.e. helmets, bat, etc.*).
- d. Social distancing should apply as much as possible during these team workouts and practices.
- e. Moving to phase 2 is contingent upon meeting the criteria above for the previous two weeks, and no outbreak within our school.

2. **Phase 2** (Approximately July 15 - July 28)

- a. During this phase, team practices with full equipment and contact drills are permissible. Football should be sure to acclimate with half shells first and then full equipment during this phase, as recommended by Missouri State High School Activities Association (MSHSAA).
- b. Intra-squad Scrimmages are permitted during this phase. (*no scrimmages/games versus other schools*)
- c. Any equipment used should be disinfected between individual/team uses (*i.e. helmets, sleds etc.*).
- d. Moving to phase 3 is contingent upon meeting the criteria above for the previous two weeks, and no outbreak of cases at our school.

3. **Phase 3** (Approximately July 29 - July 31)

- a. During this phase, full team practices, scrimmages, and game competitions are permitted.
-No scrimmages/games versus other schools
- b. Any equipment used should be disinfected between individual/team uses (*i.e. bat, helmets, shoulder pads, sleds etc.*).
- c. This phase is recommended until the fall sports season resumes.

II. Low-frequency of contact sports

These sports include: Band, Field Events (*high jump, pole vault, javelin, shot-put*), Golf, Weight lifting, Running, Tennis, Track.

1. **Phase 1** (Approximately July 6-July 14)

- a. During this phase, team workouts and practices are allowed to begin on campus or designated facility.
- b. Inter-squad scrimmages are permitted during this phase. One should allow for proper acclimation before playing opponents.
- c. Any equipment used should be disinfected between individual/team uses (*i.e. bat, helmets, sleds etc.*).
- d. If the same field or gym will be used back to back, allow ample time between sessions to clean area between teams. Be sure that there is no interaction between teams.
- e. Any equipment used should be disinfected between individual/team uses (*i.e. ball, bat, etc.*).
- f. Moving to phase 2 is contingent upon meeting the criteria above for the previous two weeks, and no outbreak of cases at our school.

2. **Phase 2** (Approx July 15 - July 31)

- a. During this phase, full team practices, scrimmages, and game competitions are permitted.
 - No scrimmages/games versus other schools
- b. Any equipment used should be disinfected between individual/team uses (*i.e. bat, helmets, sleds etc.*).
- c. This phase is recommended until the fall sports season resumes.

****Out of health and safety concerns for our students and coaches, it is respectfully requested that no spectators be present during the initial phases of the re-opening. ****