1. What is Psychology
   a. Define Psychology
   b. Apply the 7 fields to various situations
   c. 2 foundations of Psychology

2. Evolution of Psychology
   a. Chronology of Psych developments
   b. Wilhelm Wundt
   c. Sigmund Freud
      i. Psychodynamic Theory
      ii. Id, Ego, Superego
      iii. Psychosexual Stages
   d. Anna Freud
      i. 10 basic Defense Mechanisms
   e. Watson/Skinner
      i. Behaviorism

3. 5 Methods of Psychology
   a. Methods
   b. Pros
   c. Cons
   d. Ethics

4. Careers in Psychology
   a. Job descriptions
   b. Education required for careers

Freudian Psychology vs. Behaviorism R.A.F.T

<table>
<thead>
<tr>
<th>Role</th>
<th>A Psychologist working at a newspaper</th>
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<tbody>
<tr>
<td>Audience</td>
<td>A concerned parent</td>
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<tr>
<td>Format</td>
<td>A Letter</td>
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<tr>
<td>Topic</td>
<td>A child who refuses to give up using a pacifier or « binky »</td>
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</table>
| Directions      | You are a psychologist writing for a newspaper and you have received a letter from a mother who is trying to stop her 2 year old from using a pacifier. Every time she takes the pacifier away from the child he begins to cry and scream until she is eventually forced to give him the pacifier back. In your letter:
   1. Explain to the parent how a Behavior Psychologist and a Freudian psychologist would explain the cause of the child’s behavior in different ways.
   2. Evaluate which type of psychology you would agree with in this situation and why you would argue against the other theory.
   3. Analyze how YOU would recommend the parent treat the behavior of the child and support your answer.
   4. You MUST include at least 5 vocabulary words from this unit in your letter. (please underline or highlight these words.) |

Grading Criteria:

1. Correct usage of 5 unit vocabulary words: ____/5 points
2. Demonstration of correct understanding of both Freudian and Behaviorial Psychology concepts:
   a. Freudian/Psychodynamic explanation ____/2 points
   b. Watson/Behaviorist explanation ____/2 points
   c. Which you agree with ____/2 points
   d. Why you disagree with the other theory ____/2 points
   e. Your recommendation for treatment ____/2 points
3. Response is written in correct voice and format: ____ 3 points
4. Response shows demonstration of creativity and effort: ____ 2/ points
   Total Points: ____/20
<table>
<thead>
<tr>
<th>Field</th>
<th>Illustration</th>
<th>Job Description</th>
<th>Sample Jobs</th>
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<tr>
<td>Industrial/Organizational</td>
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<td>Personality</td>
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</table>
Name:

Directions: Place a picture, example or mnemonic in each box to help you remember defense mechanisms.

<table>
<thead>
<tr>
<th>Repression/Suppression: Hiding a memory or thought away.</th>
<th>Denial: Pretending something didn’t happen.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Projection: Blaming someone else to cover up your own guilt or memory.</td>
<td>Rationalization: Creating an explanation, even though it's wrong.</td>
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<tr>
<td>Intellectualization: Thinking about something logically without emotion.</td>
<td>Reaction Formation: Key word (reverse formation)-Turning the other cheek, doing the opposite.</td>
</tr>
<tr>
<td>Regression: Using a childish response like whining to deal with a problem.</td>
<td>Displacement: Taking out emotion (usually aggression) on someone less threatening</td>
</tr>
<tr>
<td>Sublimation: Converting unacceptable behavior to something that is acceptable (kickboxing)</td>
<td>Altruism: Selflessness (donations)</td>
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</table>
Dealing with Defense Mechanisms

Directions: Sigmund Freud's daughter, Anna developed the theory of different defense mechanisms. She stated that all people use one or several of these defense mechanisms during feelings of stress. On this sheet are three different tasks that you can choose from to apply your knowledge of these different defenses. You must complete AT LEAST one of these tasks to receive credit for this assignment.

Task Option #1: Creating a Scenario

Directions: On a separate sheet of paper, create a scenario that shows the use of EACH defense mechanism in a different situation. Apply each of these defense strategies to scenarios in which YOU think they would most commonly be used.

For Example: (Do not use this one for your examples): «Two high school age students are sitting in class when one boy pokes the other with a pencil. When accused by the teacher of poor behavior, the boy responds with, «He started it!»

For Each scenario, be sure to include which defense mechanism is being used and how the scenario demonstrates that particular defense strategy:

Example: The defense strategy being used is Regression. This is demonstrated by the fact that the boy uses childish behavior as a defense against the accusation by the teacher.

Task Option #2:

Directions: Defense mechanisms are often used by victims of violent crimes as a way of defending or protecting their minds from the emotions that they are feeling. Someone who is «being defensive» after a traumatic event may simply be trying to deal with the things they are experiencing.

Imagine that you have been asked to interview the victim of a crime of your choice. On a separate sheet of paper, write down an action or statement that you think the victim would make using EACH of the defense mechanisms we have covered in class.

For example: A rape victim may use reaction formation as a defense mechanism by writing her attacker a letter to express her forgiveness.
(Option 3 on back)
Task Option #3: Illustrating the Idea

Directions: In the boxes below, create an illustration that you think best demonstrates each defense mechanism. Be sure to include a BRIEF explanation of how your illustration demonstrates the defense, either in the box, in the margins or on a separate sheet of paper.
Careers in Psychology

Use www.salary.com, plug in the job title and your zip code.
For each of the following careers find:
   a. Brief job description
   b. Level of education needed
   c. Specialized training necessary
   d. Approximate salary
   e. Your personal evaluation of this job. Cite the pros and cons and the likelihood you would get involved in it!

Careers to research:
   1. Social Worker (BSW OR MSW)
   2. Psychologist
   3. Licensed Professional Counselor
4. Psychiatrist

5. Forensic Psychologist  http://psychology.about.com/od/psychologycareerprofiles/a/forensicpsych.htm